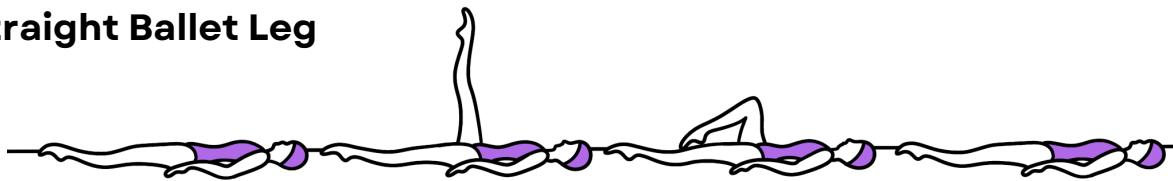


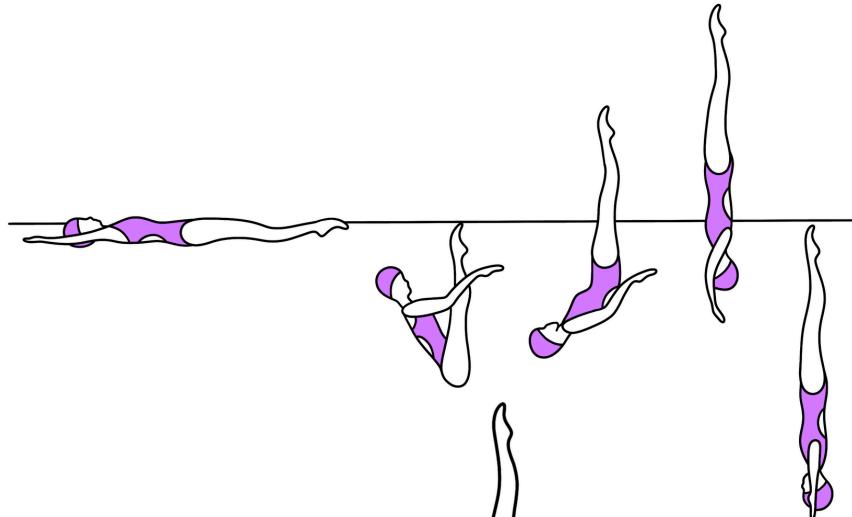
REQUIRED SKILLS



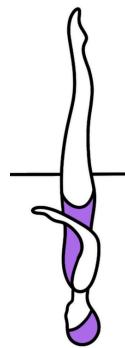
- Straight Ballet Leg



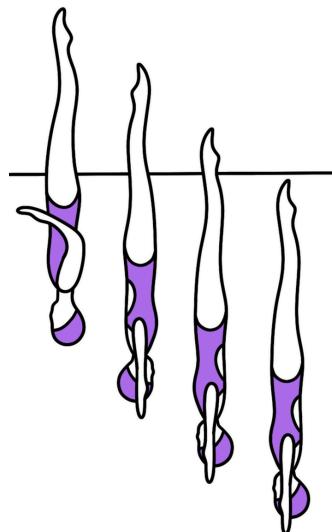
- Barracuda



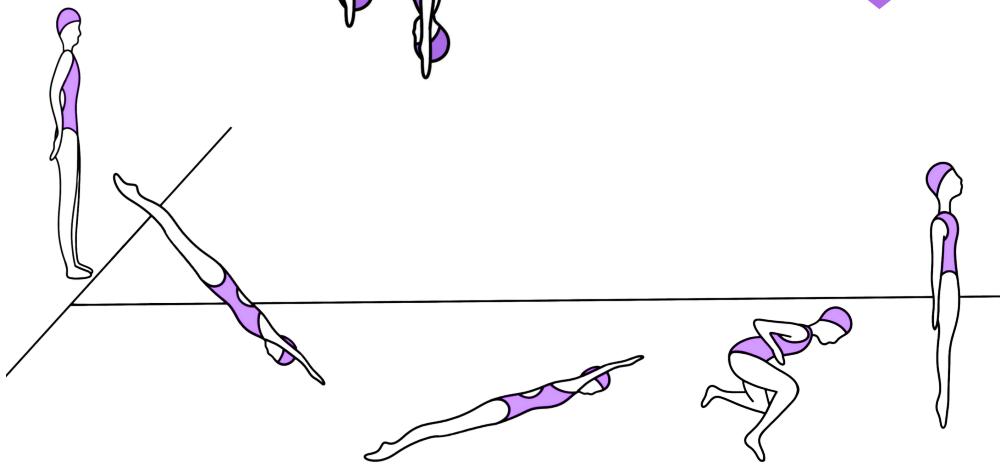
- Vertical held for 15 support sculls



- Vertical 360 Spin



- Dive Entry
Head First
Boost



Continuous
400m freestyle
in 8 minutes
or less